

gastropost

FOOD MISSIONS FOR FOOD LOVERS

TORONTO

YOUR MISSION COMPLETED: GO GO AVOCADO




Last week, we asked you to share how avocados end up on your plate. You showed your fellow Gastroposters an impressive and colourful variety of ways to prepare them. Visit gastropost.com for more contributions, plus many recipes. On these pages, [Twitter handles are in blue](#) and [Instagram in brown](#).

 <p>Esther Lee @thiswildheart Avocado, free run egg, chili peppers and the morning sun</p>	 <p>Stacey Burgess @liveonchocolate Yummy chocolate avocado truffle cake</p>	 <p>Susan Willemssen @thesirengroup Guacamole's BFF, Neal Brother's salsa</p>	 <p>Melanie Hillier @MelanieHillier Almost too pretty to eat</p>	 <p>Linda Matarasso @Integrity-Films I made some quick guacamole</p>
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 <p>Melissa Paolicelli @melissaquatro The beginnings of a crowd-pleasing guacamole</p>	 <p>Phaedra Kennedy @redrunningshoe Avocado makes turkey burger taste better</p>	 <p>Lindsay Zier-Vogel @lindsayzv Alligator (pear) pie</p>	 <p>Vanessa Le Page @vlepage Avocado with smoked oysters and Catalina dressing</p>	 <p>Dan Collett @dancollett Avocado on toast, a lunch staple</p>
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 <p>Libby Roach @libbyroach1 Lamb burger with avocado and brie</p>	 <p>Sara Serebro Verk @saraserebroverk Enjoys reading cookbooks</p>	 <p>Lisa Turner @lisaturner22 Flavours of India and Mexico mingle in this refreshing creamy avocado salad served in the shells over greens splashed with fresh lime juice.</p>	 <p>C. Reay Hutchinson @wellnesstudio This sandwich (now gone) features charred Mexican organic avocado, Canadian wild-caught smoked salmon and sun-dried tomatoes.</p>	 <p>Amy Taylor @greeneyesgeisha Avocado 'cheesecake' with no cheese</p>
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 <p>Becca Moss @beccawillow Breakfast avocado eggs</p>	 <p>Sara Serebro Verk @saraserebroverk Enjoys reading cookbooks</p>	 <p>C. Reay Hutchinson @wellnesstudio This sandwich (now gone) features charred Mexican organic avocado, Canadian wild-caught smoked salmon and sun-dried tomatoes.</p>	 <p>Lauren Simmons @laurendorphin Avocado pudding</p>	 <p>Lauren Simmons @laurendorphin Avocado pudding</p>
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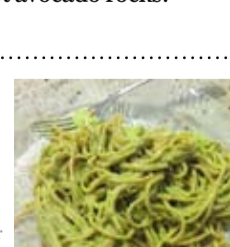


 <p>Jeff Walker @jefwalker Shrimp and avocado canapé with fresh corn salad on top</p>	 <p>As I was in New York last week, I couldn't think of a better way to complete the mission than to head to Brooklyn Taco for a "guaco-taco" in the Essex Market.</p>	 <p>Melissa Agostino @salitabacchi Lunch</p>
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 <p>Thomas MacDonald @pimpsandgardenhoes Sirloin sliders with avocado and cucumber</p>	 <p>As I was in New York last week, I couldn't think of a better way to complete the mission than to head to Brooklyn Taco for a "guaco-taco" in the Essex Market.</p>	 <p>Andrea Gladwin @resultsorientedfitness Taco night! Another way to enjoy avocado</p>
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 <p>Olivia Wu @livwu Egg and avocado on toast and a kale salad</p>	 <p>As I was in New York last week, I couldn't think of a better way to complete the mission than to head to Brooklyn Taco for a "guaco-taco" in the Essex Market.</p>	 <p>Maddy Slatt @maddyslatt Holy guacamole</p>
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 <p>Erin Ireland @erinireland Costa Rican restaurant offers three ways to enjoy avocado!</p>	 <p>As I was in New York last week, I couldn't think of a better way to complete the mission than to head to Brooklyn Taco for a "guaco-taco" in the Essex Market.</p>	 <p>Stephanie Chin @talkativesteph Flame-seared tuna sushi at Kingyo</p>
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 <p>Valida Jafarov @validaj Avocado is a must in my sushi</p>	 <p>Maria Zychowicz @artsymaria101 I just made this avocado pound cake with raspberry rice recipe from Chatelaine magazine.</p>	 <p>Fiona Bramzell @feester Baked avocado topped with cheese, breadcrumbs, cilantro and sun-dried tomatoes! Hot avocado rocks!</p>	 <p>Lindsay Rhee @lindsayrhee Avocado is the best ingredient for breakfast, lunch and/or dinner.</p>	 <p>Krysta McBurnie @thenonbeliever Avocado sandwich with wasabi dressing</p>
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 <p>Oliver J. Bernabe @remix3d Salad with avocado, strawberries, blueberries and broccoli</p>	 <p>Rebecca Murphy @beccagetspucked Avocado egg salad, Thanks, Skinny Taste!</p>	 <p>Heather Bailey @newgastroposter Whole wheat pasta with avocado, ricotta and parmesan sauce</p>	 <p>Brenda Ha @therealha Stuffed avocado</p>	 <p>Marie Erfurth Smed-Johnsen @willasmor Salad with melon, avocado, fruit and cottage cheese</p>
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OTHER GASTROPOSTERS WHO COMPLETED THIS MISSION

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