

POST'S
GUIDE
to the
PAN AM
GAMES



RHYTHMIC GYMNASTICS

GUIDE TO THE GAMES

BY KAITLYN McGRATH,
NATIONAL POST

Venue

Toronto Coliseum

Venue acronym

TCO

Landmark status

Medium

Ricoh Coliseum is the home to the Toronto Maple Leafs' AHL team, the Toronto Marlies.

Other events at venue

Artistic gymnastics and trampoline

Transit options

Pan Am Park (also known as the Exhibition grounds) is served by a number of TTC buses and

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streetcars

■ 509 Harbourfront streetcar from Union Station (Line 1 subway)

■ 511 Bathurst streetcar from Bathurst Station (Line 2 subway)

■ 29 Dufferin bus from Dufferin (Line 2) and Wilson (Line 1) stations

■ 193 Exhibition Rocket temporary express bus from Dundas West Station (Line 2)

■ You can also take the GO Train to the Exhibition stop on the Lakeshore West line.

For exact directions, try:

Triplinx.ca

[TTC trip planner](#)

Schedule

July 17 Individual qualifications

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(hoop, ball); group qualifications (5 ribbons)

July 18 Individual qualifications (clubs, ribbon); group qualifications (6 clubs, 2 hoops)

July 19 Individual finals (hoop, ball); group finals (5 ribbons)

July 20 Individual finals (clubs, ribbon); group finals (6 clubs, 2 hoops)

[See the full competition schedule at the Pan Am website](#)

How it works

Using one of a ball, a hoop, clubs or ribbons, competitors perform a choreographed routine to music. But here's the catch, the apparatus of choice isn't just for show, each gymnast must keep it moving throughout their per-

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formance by performing an array of tricks.

Nations competing

Individual

Argentina, Brazil, Canada, Chile, Colombia, Cuba, Ecuador, Mexico, United States, Venezuela

Group

Brazil, Canada, Cuba, Mexico, United States

Canada's team

Individual

Patricia Bezzoubenko, Thornhill, Ont.; Carmen Whelan, Aurora, Ont.

Group

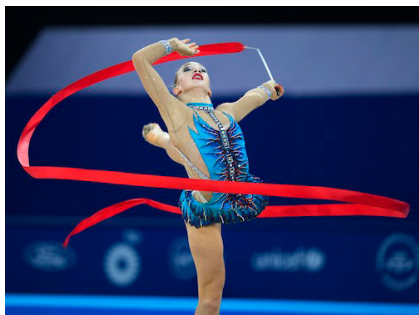
Katrina Cameron, Mississauga, Ont.; Maya Kojnevikov, Richmond Hill, Ont.; Lucinda Nowell, Kanata, Ont.; Vanessa Panov,

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Toronto; Anjelika Reznik
Vaughan, Ont.; Victoria Reznik,
Vaughan, Ont.

Tournament format

Individual qualification rounds in each discipline are followed with a final round when medals are awarded.



Patricia Bezzoubenko at 2014
Commonwealth Games

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Results from 2011

Julie Zetlin of the U.S. won five medals in Guadalajara, including gold in the all-round as well as ball and ribbon. Cynthia Valdez of Mexico also won five medals, topped by gold in club and hoops. Brazil took the group gold ahead of Canada.

Why it's worth watching

You can watch basketball or soccer anytime, but when else do you get a chance to see rhythmic gymnastics? It's a sport that requires grace as much as it demands strength; it's a combination of beauty and brawn. And this is your chance to see it live.

Competition outlook

The United States, Brazil, Can-

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ada and Mexico will likely earn their counties some medals here. Canada's Bezzoubenko and the United States' Jasmine Kerber will be two favourites for the individual events.

Photo:

Andrew Vaughn, The Canadian Press