

POST'S
GUIDE
to the
PAN AM
GAMES



JUDO

GUIDE TO THE GAMES

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Venue

Mississauga Sports Centre

Venue acronym

MIS

Landmark status

Medium

Known as the Hershey Centre outside of Games time, this is home to Mississauga Eagles FC of the Canadian Soccer League and the National Basketball League of Canada's Mississauga Power.

Other events at venue

Karate, taekwondo, wrestling

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Transit options

From Union Station, GO bus west to Meadowvale GO Station, then GO bus south to Britannia Road at Erin Mills Parkway, then 39 bus northeast to venue. Mississauga Transit is also operating a shuttle to Mississauga Pan Am venues from Kipling Station on Line 2 of the subway.

For exact directions, try:

Triplinx.ca

[TTC trip planner](#)

Schedule

July 11 Women's under-48kg and under-52kg, and men's under-60kg competitions.

July 12 Women's under-57kg and men's under-66kg and under-

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73kg competitions.

July 13 Women's under-63kg and under-70kg, and men's under-81kg and under-90kg competitions.

July 14 Women's under-78kg and over-78kg, and men's under-100kg and over-100kg competitions.

[See the full competition schedule at the Pan Am website](#)

How it works

Two competitors, classified by weight and known as judokas, go head to head for five minutes in a battle to acquire the edge in points, like boxing and wrestling. Judokas attempt to heave and pin their opponent to the mat through a variety of grips and throws.

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If the judge awards one full point (“ippon”), the judoka wins immediately; “waza-ari” denotes a half-point, with two required to end the match. Smaller scores are referred to as “yuko”, and their accumulation is accounted for if time expires and the match is otherwise tied.

Certain tactics — including punching, kicking, deliberate attempts to injure and touching of the face — are prohibited, and can result in disqualification from a match or the tournament. Minor penalties, like stalling or adopting a defensive stance, can be enforced but have minimal effect: a judoka only loses after four such infractions.

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Nations competing

A total of 140 judokas (10 in each weight category) from 19 countries will compete. Canada, Brazil and Cuba are heavily represented, with one entrant in all 14 events.

Canada's team

Women

Erin Morgan, Calgary (-48kg); Ecaterina Guica, La Prairie, Que. (-52 kg); Catherine Beauchemin-Pinard, St-Hubert, Que. (-57kg); Stéfanie Tremblay, Saguenay, Que. (-63kg); Kelita Zupancic, Whitby, Ont. (-70kg); Catherine Roberge, Quebec City (-78kg); Ana Laura Portuondo Isasi, Montreal (+78kg)

Men

Sergio Pessoa, Montreal (-60kg);

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Antoine Bouchard, Jonqui re, Que. (-66kg); Arthur Margelidon, Montreal (-73kg); Zachary Burt, Whitby, Ont. (-81kg); Jonah Burt, Whitby, Ont. (-90kg); Marc Desch nes, Laval, Que. (-100kg); Martin Rygielski, St. Clements, Ont. (+100kg)

Tournament format

Events take place over four days in as straightforward a manner as possible. Preliminary bouts, quarterfinals, semi-finals and medal matches for each weight category (there are 14 in total — seven for men and seven for women) all occur on the same day.

Results from 2011 Pan Ams

Brazil and Cuba both won six

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gold medals, combining to sweep 12 of 14 events. All of Brazil's golds came from male judokas, while Cuba won five women's classifications. Canada won the fourth-most medals (six), including five bronze and a women's 78kg silver from Catherine Roberge.

Why it's worth watching

Judo might be the Games' most intriguing cultural contrast: the importation of a traditional Japanese martial art to countries from the world's Pan American swath. Some — Brazil and Cuba — are better than others, if you're looking to root for or against a favourite.

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Competition outlook

Three of Brazil's six male gold medallists from 2011 will take to the mat in Toronto: Felipe Kitadai at 60kg, Tiago Camilo at 90kg and Luciano Correa at 100kg. Camilo also won gold in 2007, making him a strong threat to three-peat.

The top woman's judoka to watch is heavyweight Idalys Ortiz of Cuba, a two-time Olympic medalist, including gold in 2012. A year before that, Ortiz rolled to victory at the Pan Ams, conceding no points in three matches.