

POST'S
GUIDE
to the
PAN AM
GAMES



TRAMPOLINE

GUIDE TO THE GAMES

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Venue

Toronto Coliseum

Venue acronym

TCO

Landmark status

Medium

The Ricoh Coliseum, which opened in 1921, is located behind the Direct Energy Centre (also known as Exhibition Centre during the Games).

Other events at venue

Gymnastics, artistic and rhythmic

Transit options

The Exhibition grounds (Pan Am Park) is served by a number of

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TTC buses and streetcars

■ 509 Harbourfront streetcar from Union Station (Line 1 subway)

■ 511 Bathurst streetcar from Bathurst Station (Line 2 subway)

■ 29 Dufferin bus from Dufferin (Line 2) and Wilson (Line 1) stations

■ 193 Exhibition Rocket temporary express bus from Dundas West Station (Line 2)

■ You can also take the GO Train to the Exhibition stop on the Lakeshore West line.

For exact directions, try:

Triplinx.ca

[TTC trip planner](#)

Schedule

July 18 Competition rounds

July 19 Finals

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[See the full competition schedule at the Pan Am website](#)

How it works

Within the genre of gymnastics, trampoline sees competitors perform a series of acrobatic tricks while bouncing up and down on a large trampoline. Each routine must contain 10 tricks and gymnasts are judged on the level of difficulty, execution and time in the air during the routine.

Nations competing

Six each for men and women. Canada and the U.S. have two athletes competing in both competitions for a total of eight individual competitors.

Men Argentina, Brazil, Canada, Colombia, Mexico, U.S.

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Women Argentina, Brazil, Canada, Mexico, U.S., Venezuela



Rosie MacLennan carrying the Pan Am torch in May.

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Canada's team

Women

Karen Cockburn, Stouffville, Ont.; Rosannagh MacLennan, King City, Ont.

Men

Jason Burnett, Nobleton, Ont.; Keegan Soehn, Red Deer, Alta.

Tournament format

Competitors perform twice in Saturday's prelims; the medal-round performances are on Sunday

Results from 2011

Women

1. MacLennan; 2. Dakota Earnest, U.S.; 3. Alaina Williams, U.S.

Men

1. Soehn; 2. Rafael Andrade, Brazil; 3. Jose Alberto Vargas, Mexico

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Why it's worth watching

Feel your heart race as you witness athletes perform death-defying stunts in the air over and over and over and over and ... OK you get it. With routines jammed with flips, twists and somersaults, trampoline is wildly entertaining. Plus it's not a sport you get to experience every day.

Competition outlook

On the women's side, Canada's MacLennan is the defending Pan Am gold medalist, the 2012 Olympic champion and the 2013 World Championships gold medalist. She is currently ranked No. 5 in the world and is the top ranked competitor at the Pan Am Games.

In the men's competition, Can-

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ada's Soehn won the event in 2011 and will be looking to defend this title. The United States' Steven Gluckstein is also a medal threat and is currently ranked No. 9 in the world.

Photo: Frank Gunn, The Canadian Press
