

JOIN OUR CORPORATE TEAM DIVISION

Team Member Registration Form

Tel: 604-689-9441 • Fax: 604-689-9419

Mail or deliver this form by March 18 to The Vancouver Sun Run,
 c/o Suite 1 – 200 Granville St, Vancouver, BC V6C 3N3. No refunds or transfers allowed.

First name _____ Last name _____ Male Female *Birth Date (*Mandatory) (Day/Month/Year) _____

Apt. No. _____ Address _____ City _____ Province _____ Postal Code _____

Area Code _____ Home Phone _____ Email address _____

Emergency Contact Name _____ Emergency Contact Cell Number _____

CORPORATE TEAM NAME _____

Entry Fees Includes all taxes and processing fees. (#814689469RT0001)

CORPORATE TEAMS (per person)	
Early bird by February 4	\$51.45
February 5 - March 18	\$58.80
FEES	
BC Athletics member discount <i>Provide valid membership # here:</i>	(-\$3.00)
The Vancouver Sun subscriber discount	(-\$2.00)
Total	<input type="text"/>

Souvenir Sun Run Tech Shirt included

For shirt sizing, check vancouver.sunrun.com

Adult (10K)

UNISEX. 100% Polyester. 140GSM
 Light Weight HydroLite Fabric
 w/ moisture wicking functions.

S M L XL 2XL

Payment method

Cheques payable to The Vancouver Sun Run. No post-dated cheques. No refunds. Not transferable.

Cheque Cash Do not mail cash.

The Vancouver Sun Run is produced by The Vancouver Sun and organized by the Sun Run Volunteer Committee. It is sanctioned by B.C. Athletics and Athletics Canada. Your entry fee pays for T-shirts, organization costs and donations to The Vancouver Sun Raise-a-Reader campaign and amateur athletics via B.C. Athletics and The Jerome Track Classic.

Conditions of Entry:

All entries are non-refundable and non-transferable. All entrants must complete the official entry form and submit the correct fee in Canadian dollars. There is a fifteen dollar (\$15.00) service charge for NSF cheques. Incorrectly completed entry forms will be discarded or returned. Applications for minors will be accepted only with a parent or guardian's signature and should also be signed by the minor. All entrants must read and sign the Release and Waiver. All entrants must wear their number on the front of their chest. Only runners, joggers, walkers, wheelchairs and strollers are permitted. Assisted wheelchairs and strollers must start in the walker's zone at the back of the pack. Dogs, skateboards, wagons, in-line skates, scooters, roller skis, bicycles and vehicles are strictly prohibited. Entrants agree that their name, gender and age category may be published with race results in any medium, including The Vancouver Sun Run web site.

10K Estimated Time

You **MUST** check off one. If no estimated time is indicated, you will be assigned a walkers (1:46+) starting number. Verification of ability required for seeded entrants.

- 0:00 - 0:44 SEEDED (0:38 Men / 0:44 Women)
- 0:45 - 0:48 (0:39 Men / 0:48 Women)
- 0:49 - 1:00
- 1:01 - 1:15
- 1:16 - 1:45
- 1:46+ Walkers, entrants with walking poles, baby joggers, strollers and non-competitive wheelchairs must start here.

Requesting seeding? You must be:

- At least 16 and capable of finishing in less than 38 minutes (Men) / 44 minutes (Women) or expect to finish in the top five of your age group.
- Mark SEEDING on the envelope.
- Include verification of ability to finish in less than 38 minutes (Men) or 44 minutes (Women).
- Seeding status will be confirmed at check-in.

Previous Sun Run Time: _____
 Time | Year

OR Results from another timed 10K held within preceding year:

_____ Race | Date | Time

PRIVACY: The Vancouver Sun and The Vancouver Sun Run value your privacy and are committed to controlling the collection, use and disclosure of the personal information you provide. To obtain a copy of The Vancouver Sun Run's privacy statement, visit www.vancouver.sunrun.com or call 604-689-9441.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND ASSUMPTION OF RISKS. BY ACCEPTING A RACE NUMBER YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE. PLEASE READ CAREFULLY.

I understand, accept and agree that participating in The Vancouver Sun Run and/or the Shaw Mini 2.5K Run, by any means, including but not limited to as a runner, jogger, walker, in a wheelchair or with a stroller, is a potentially hazardous activity. I represent, warrant, covenant and agree that I am participating in The Vancouver Sun Run and/or the Shaw Mini 2.5K Run entirely of my own choice and volition and that it has not been requested, suggested or required in any way including by the Sponsors that I participate. I understand that participation in The Vancouver Sun Run and/or the Shaw Mini 2.5K Run may challenge and engage my physical and mental resources. I confirm that I do not have any medical conditions that would prevent me from safely participating in The Vancouver Sun Run and/or the Shaw Mini 2.5K Run, including but not limited to, stroke, high blood pressure, heart, liver, kidney or thyroid disease, diabetes, anemia, depression, anxiety, or other psychiatric conditions including a family history of these or other medical conditions. I am not taking nor do I plan to take any prescription, OTC and/or other herbal medications that could affect my safe participation in The Vancouver Sun Run and/or the Shaw Mini 2.5K Run. I understand the risks and danger of accidents, physical injury, effects of exercise, the unpredictable nature of the human body and the activities inherent in the nature of running and I understand it is impossible for the Releasees (defined below) to guarantee my safety. I further understand that I should not participate in The Vancouver Sun Run and/or the Shaw Mini 2.5K Run if I have any health conditions affecting my ability to safely participate and that I should not participate unless I am medically able and properly trained. I also understand that there may be traffic on the course. I assume all risks of participating in The Vancouver Sun Run and/or the Shaw Mini 2.5K Run, whether jogging, running, walking or traveling in a wheelchair or with a stroller, including in traffic. I also assume any and all other risks associated with participating in the race, including but not limited to falls, injury, contact with other participants or persons, the effects of the weather including rain, snow, high heat and/or humidity, the condition of the roads or racing surfaces and events that may be unforeseeable or beyond the control of the Releasees (as defined below), including "Acts of God", civil unrest and third party violence or terrorism. Knowing these risks and in consideration of the acceptance of my entry in this race, I hereby remise, release, indemnify, forever discharge and hold harmless Postmedia Network Inc. (carrying on business as The Vancouver Sun), the Achilles Track Society, B.C. Athletics, SportMedBC, RockDoc, the City of Vancouver including its Police Department, Emergency Radio Systems, race officials, race volunteers and all sponsors, their respective parent companies, subsidiaries, affiliates, agents, directors, employees, assigns or anyone else acting for or on their behalf (the "Releasees") from and against any and all existing and future claims, actions, costs, suits, demands and/or liability (including reasonable solicitor fees and legal costs) for loss, harm, damages, cost or expense, including without limitation costs, injuries, accidents, losses and damages related to personal injuries, death, damage to, loss or destruction of property, rights of publicity or privacy, defamation, or portrayal in a false light, or from any and all claims of third parties without limitation, which I, my heirs, executors, administrators, personal representatives, successors or assigns, now have, or may hereafter have, arising out of the acts or omissions, including negligence of the Releasees. I consent to the use, broadcast, distribution, exhibition or exploitation of any recordings, photographs, videotapes of me or other record of this event, and/or my participation in The Vancouver Sun Run and/or the Shaw Mini 2.5K Run or related events. The Releasees shall not be responsible for any of my actions while I am participating in the Vancouver Sun Run and/or the Shaw Mini 2.5K Run or in any related events, and I hereby assume all risk of injury, illness, disease or death or other damage which may arise in connection therewith. I further hereby grant full permission to Postmedia Network Inc. (carrying on business as The Vancouver Sun), and/or agents authorized by them, to use my name and/or likeness, and/or any photographs, videotapes, motion pictures, recordings, or any other record of this event, of me, for any legitimate purpose related to The Vancouver Sun Run, and/or the Shaw Mini 2.5K Run or related events without any compensation to me.

MEDICAL TREATMENT: If I am unable to consent at the time due to injury or illness, I hereby consent to the administration of first aid and other emergency medical treatment for such injury or illness that occurs during any of my participation in The Vancouver Sun Run and/or Shaw Mini 2.5K Run and/or the Sun Run Intraining Clinic. Further, I hereby release and forever discharge the Releasees Parties from any claim whatsoever which arises or may hereafter arise on account of any first-aid treatment or other medical services rendered as contemplated hereunder. This Release and its application and interpretation will be governed exclusively by the laws of British Columbia applicable and the parties agree to the jurisdiction of the courts of the Province of British Columbia. This Release and its application and interpretation will be governed exclusively by the laws of British Columbia applicable and the parties agree to the jurisdiction of the courts of the Province of British Columbia.

I HEREBY ACKNOWLEDGE HAVING READ THIS RELEASE AND WAIVER AND BY SIGNING HERETO AGREE TO THE TERMS AND CONDITIONS OF THIS RELEASE AND WAIVER. I FURTHER AGREE TO THE TERMS AND CONDITIONS OF THIS RELEASE AND WAIVER ON BEHALF OF MY MINOR CHILD, IF APPLICABLE.

X _____
 Signature of participant or signature of parent/guardian (If participant is under 19)