

Random Act of Kindness Stories 2010

From Our Facebook Page

[Cleo Kelly](#) I helped an older lady turn off her car alarm that her and another gal couldn't figure out.

jamescottbell: Woman with full cart in market line saw I had 1 item, said, "Go ahead." Random act of kindness. Nice.

alexiss_mariee: There's this boy with autism in my gym class that's alone a lot so I approached him and made a new friend!

[Laur Pray](#) I washed my son and daughter-in-law's truck.

[Alicia Kaczor](#) I gave a man a dollar - he needed to collect bus fare.

Anonymous: Paid for the coffee of person behind me and added some timbits for the child I saw in back. Caught a glimpse of the look... priceless!

stephieism: Someone just bought my sister the orange soda she was begging for. His kindness made our whole family smile :)

Anonymous: I walked out of my University class tonight to see a younger student bent low over the grass waving his iPhone around. When I asked him if he needed help, he said that he had lost his bike key and couldn't unlock his bike to go home. At that I pulled out my phone and joined him in what must have been a rather silly looking sort of dance with both of us hunched over waving our phones over the ground. After a few moments I located his key. I gave it to him, passed on a Random Act of Kindness card and said good night.

[Claudia Nielsen](#) something for a stranger...I like to pay the tunnel toll for the car behind me :)

[Rebecca Anese](#) I like to randomly pay for someone's coffee while going through the Tim Horton's drive-thru!! Figure it's a good way to make someone's day start on a good note!! :D:D

[Arms Bumanlag](#)

just had 60 students flash mob him at Devonshire Mall for Random Act of Kindness Day! AWESOME!

[Jessi E. Morency](#) today for random act of kindness day me and some of my friends gave free hugs!!!

[Mary Land](#) We gave out carnations to the workers at Crossings Outlet Mall. People were so thankful -- some never received a flower, another said it was so long since she received one, but most people definitely said they would do something nice for someone else! We also gave some out to workers at various drive thrus -- it made their day, as they usually get yelled at. Loved to be a part of this incredible day!!

[Stefanie Ann Schoberl](#) I paid for the man's coffee in the Tim Hortons drive through!

[Chantelle Foreman](#) I paid for two coffees and a muffin in the Tim Horton's drive thru!

Stephanie Gamula picked up my Timmies and paid for the six people behind me.

Mandy Gates I work as a manager in a restaurant on the midnight shift. I bought a few people breakfast this morning with my own money & I witnessed a lot of people buying total strangers breakfast in the drive thru it was really nice to see!

Barb Z Townsend

I just had a random act of Kindness done for me, yesterday. It is difficult for a person with no disabilities to understand how an event like this can be so big to others like myself.

I have had both of my knees replaced and I have always been careful when I walk over stuff and to watch where I am walking. I make sure to carry my phone with me whenever I am out in the yard.

I try to do most of the little things around the house if I am able.

I used to live in a home that was very isolated and if I this had happened there, it could have been very dangerous as my boarder works long hours. Where I live now, I have a neighbour and they are great people.

The putty on the old windows in the house, has deteriorated and needs replacing. This is a job I can do. I was walking around the back of the house and I went between the house and the shed. As I walked over some weeds, my foot got caught in a tomato cage that had gotten overgrown and down I went. BUT it was like I was in slow motion, like I was held in someone's arms til I landed on the ground against the shed. I know who that was.....and that wasn't a Random act. I was in a place that no one could have seen me from the road.

I sat on the ground trying to figure out how to get up. I have arthritis in my ankles, wrists, elbows and shoulders (one of which is replaced) so it wasn't an option to push myself up from the ground or roll and get up from a kneeling position. I remembered the phone in my pocket (thank God for portables) and I called my neighbour's place. I saw no car but I chanced it, or else I would be there for quite a while. I sat there laughing about what I would say.

Leim answered the phone and I laughingly said, "This is not a joke.....I've fallen and I can't get up". He asked where I was and I told him and he said "I'll be right there". He was out of the house and over within 5 minutes. He picked me up and nothing was broken. I am still a bit uncomfortable but if he hadn't come over, it would have been til much later that I would have been picked up. Cheryl, his wife, called and left a message last night, asking how I was. I am sure she will call from work today.

The reason I thought of this as a 'Random act of Kindess is because it was not something I would of thought of happening to me.

So thanks to Leim for being there when I needed him.

I will have to do several Acts today to pay this one forward, although I try to make these acts, part of my life every day.

Thanks for taking the time to read this long letter.

Sincerely, Barb Z Townsend

[Darlene Louise Sleeth](#) I would like to rake leaves for people this Friday, so if anyone would like to do that, call me

Mailed direct to the Foundation

Individuals:

- My wife was at a Tim Hortons with my son waiting in line on Friday and some man she didn't even know paid for her coffee and donut and he didn't even wait around to take credit it gave the cashier an extra \$2.00 and said to use it on the person behind him.
- On Saturday, October 2, my boyfriend surprised me with a dinner at a very exquisite restaurant in the town of Amherstburg. As we were getting ready to pay our bill and leave the restaurant satisfied after a wonderful meal, it was brought to our attention that the bill had been taken care of by a fine gentleman sitting across the room from us. This man whose name was Richard, was throwing a surprise party for a friend, and explained to us that upon seeing how much the two of us were enjoying our evening, he was inspired to do something nice for us so that we could have more enjoyable nights out like this one. Richard, I cannot thank you enough and your random act of kindness will not be forgotten. You have inspired both of us to follow suit and brighten somebody else's day the way you brightened our evening. Thank you again for your generosity, and may you receive the kindness that you so selflessly give.

Natalie Lukas & Joe Fahsbender,

Windsor, Ontario

- Good Morning, Just wanted to let you know that I stopped at Tim Horton's this morning to pick up coffee and Timbits for my 3 co-workers. I handed the cashier a \$20 bill along with a RAK card and told her to keep the change. She thanked and told me she'd pay it forward by using the tip to pay for the next person's order. :) Have a lovely day! Elena
- I reserved a spot for an employment career fair that had a limited capacity. I gave my spot away to someone who has not secured an employment opportunity following graduation.
- On RAK Day I handed over my Starbucks credit card to the Barista and said " Whatever the next person orders charge it to my card and then I'll pick up my card after I've finished my coffee and pastry. Please don't let them know who offered the gift". This took the employee quite by surprise and added a little stress into her day however all apparently went well when she returned my card with a big smile and a thank you.

Thanks for initiating this wonderful event.

Let's make this an activity that becomes part of our daily lives. Please continue every year.
[Adriaan Verhulst](#) ><>

Organizations and Businesses:

- As a Random Act of Kindness, the John McGivney Children's Centre's Wellness Committee hosted a Breakfast in their staff lunch rooms. Bagels, fruit, yogourt, coffee, (regular/decaf), tea and water will be available for all staff to enjoy!

In addition to the Breakfast, the Wellness Committee will be holding a Random Act of Kindness Contest starting on Monday, November 8, 2010. In order to be entered in the contest, you will be required to fill out a ballot after you've completed a random act of kindness anytime during the week of November 8, 2010. If you have done this act for another staff person, feel free to show that person your ballot entry to make them smile before you put it in the ballot box, (note: the ballot entries and box will be located in the admin office on the 2nd floor). One winner will be randomly selected for a prize on November 12th @ 3 pm!

Best of luck to you all and please remember to be kind! ☺

Diana Semaan, B.S.W., M.S.W., R.S.W.

Social Worker

John McGivney Children's Centre

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- RBC is a proud sponsor of the upcoming Random Act of Kindness Day taking place this Friday November 12th in our City. Our office staff at RBC Dominion Securities of approximately 25 people, took up a collection and have raised \$655 to purchase school sports equipment for Immaculate Conception School. We have also teamed up with Wil Vanderlinden, the owner of Canadian Tire on Walker Rd to help with this donation. Wil has generously given us a thousand dollars worth of sports equipment for our donation. As such, on Thursday November 11th we will be presenting the school 20 volleyballs, 20 basketballs, 20 soccer balls and 2 portable soccer nets! In turn, as part of this pay it forward program, the school will be making a can drive presentation to Immaculate Heart Church.

- The Coffee Office (where I am a member) has been most kind in displaying the posters and boxes of cards for WECF over the past few weeks. They do a weekly lunch menu and for this Friday, rather than having a set “special”, the manager, Kim D’Amore, has indicated on the menu that it is RAK day and asks people to do their part. I was not aware that she was doing this until I called her today to arrange for her give out 15 lunches with a RAK card each on my behalf as my part in the RAK initiative on Friday. She indicated that it was “funny” I should make my request and told me what she put on the menu! We’re all part of the positive energy this initiative is generating and I know we will create a lot of community goodwill, not only for the WECF but all who participate.

This is a wonderful event for our community and I am pleased to see the level of response to date in terms of the business activities planned.

Kindest regards,

Susan Easterbrook, MBA, LLB
Lawyer & Mediator
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Windsor, Ontario
N8X 1J6

- BMO Nesbitt Burns will be participating with Random Acts of Kindness on Nov 12:

Downtown Mission at 8:15 am – handing out cookies and a McDonald gift card

Regency Park Nursing Home at 11:15 am – bringing flower centerpieces to their lunch room and greeting the residents

Great opportunity in helping the community and passing it on!

Robert Lacey

- Today I arrived at work – a senior’s retirement home - checked my mailbox – usual stuff – although to my surprise there was a letter inside from the Midnight Missionaries (so

they call themselves) “in regards to Random Act of Kindness Day”...(we had been promoting the recognition of this special day with our staff).

The letter asked for management’s help in sponsoring a family – whose 31-year old son is residing with us following a serious motorcycle accident. The Family on their own are quite remarkable...they are parents to 4 foster children and 3 adopted children – all special needs and ranging in age from 9 to 17 years – not to speak of their own 7 boys, wives and grandchildren! As you can imagine, Christmas is an especially difficult time for them financially. The Children’s Aid Society only provides them with a small stipend for gifts at Christmas. The midnight staff took it upon themselves to offer assistance to the family and have gathered a wish list for each child as well as discussed their other needs at Christmas such as the hopes of a Christmas tree and a full Christmas dinner.

In honour of this great act of kindness, the staff of Seasons Amherstburg will be collecting gifts and monetary donations in the coming month and will be preparing a full Christmas dinner for the family to take home. With Christmas approaching, we want everyone to be inspired to do their own “Random of Act of Kindness” over the holiday season – this is a great opportunity for team building and making a meaningful difference for someone special.

Best wishes,

Jennifer L. Flynn, B.A (Hons), L.LB
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- I hope Random Act of Kindness Day was successful throughout Windsor-Essex. Attached are some photos that Rebecca and Crystal took for R.A.K. at 920 Ouellette. Rebecca said that the residents were all very grateful and many of them stated that they had needed that contact from the outside. On both sites a few residents mentioned that it was their birthday when we were at the door. In many situations we were the first person to tell them "Happy Birthday".

At Glengarry, we (the students) ended up handing out the rosebuds to the community ourselves. It was a very good learning experience for the students to get out into the community and connect.

Amanda,
Community University Partnership

- I choose Tim Horton's at Devonshire mall for my act of kindness. Unfortunately I forgot my "cards" at home, but did not let that stop me from leaving my "Tim Card" with the store manager who had taken my order. When she asked why I wanted her to hang on to it, I told her to use it to pay for the next persons order no matter what that may be. She asked if this had something to do with that kindness thing, I said absolutely, and that is what I was doing. Just watching the expression on the persons face when the manager told her, her order was already paid for was priceless, and it felt good too. This will definitely be something I will carry on throughout the year. Thank you for bringing this event to peoples attention, I believe the world will be a much better place if this were practiced all the time year round.

Thank you again,
Timothy J. Mayer

- OLPH was graced with a Random Act of Kindness on Thursday of last week. The Windsor Star delivered a treasure trove of books for the library, all new releases, hot off the press and most in hard cover. It was an early Christmas present. You should have seen the faces of the kids in the Resource Center as a group of us opened the boxes and pulled out the books for them to view.

Don't quote me on this - but I would guess about \$700 worth of books were given to the School

What a grand gesture!

Marilyn Villalta, Principal
Our Lady of Perpetual Help School

Schools

- At. St. Gregory School, Kelly Parent's grade 2/3 class challenged everyone in the school to write one act of kindness that either they had done or had been done to them on a coloured strip of paper. The strips were made into a huge paper chain and we have displayed in the front lobby the chain of over 400 acts of kindness. A great visual!

Ardra Kepran
Principal
St. Gregory School

- Hugh Beaton Public School is participating in Random Acts of Kindness Week! We began today with an announcement kickoff. Each morning during announcements, we will include a kindness quote. Each teacher has also been given a stack of leaf cutouts, on which they may choose to write an act of kindness they see, and then post on the Random Acts of Kindness tree outside the office. Students are also encouraged to fill in

leaves. Our sticker campaign begins tomorrow. Each teacher has been given a sheet of stickers which say, "I was caught doing a Random Act of Kindness at Hugh Beaton."
Teachers are to distribute stickers accordingly.

Sue Awender

Principal

Hugh Beaton Public School

- **St. Thomas of Villanova**
 - Each student in the Gr. 12 U/C classes (3) will be given three cards Monday morning. These students need to perform “Acts of Kindness” - one for a family member, one for a school mate, and one for a person not associated with either of the aforementioned. The goal is to have these cards dispersed by the end of the day Monday. This will be a ‘pass it on/pay it forward’ theory which the students will reflect on. In their reflection, they will examine the impact of their actions, and how these actions have lead to further RAK’s.
 - Since the students have already “done” their part physically, now they will become the observers to the remainder of the student body. Over the course of the remainder of the week the Gr. 12 students will be diligent in documenting RAK’s that occur in front of them and will fill out the attached ‘ticket’ (without the person/s knowing) giving detail as to who did the act, what was the act, and who the observer was. These tickets will be returned to Mrs. Coste by the end of each school day.
 - The rationale for the observation step and documenting is two-fold; the students will become aware of what good things happen around them everyday, and unexpected students will eventually be acknowledged for their kindness.
 - The recognition aspect of this project is going to be a real celebration for all involved. At the end of the school day Thursday, Mrs. Furlong our principal, will announce the names of those who have won prizes due to their kindness. (From the ‘tickets’ handed in through out the week, each day 2 names will be drawn and at the end of the week 8 students will be acknowledged specifically for being “Caught in the Act”. The school as a whole will be acknowledged for their role and the total number of Acts spotted will be tallied and announced as well at this time.
 - The following week, there will be an extension of this program continued through the ‘Campus Crew’ students. This task will involve the teaching staff at St Thomas of Villanova and recognize them as staff/adults in the building for all they do on an ongoing basis.

Sandwich West

We are actually celebrating Random Acts of Kindness the week of November 8-12th. We have been promoting it for at least a week now. Teachers and students will be recording these special acts on a "sticky note" or a cue card and displaying them on our front foyer bulletin board. They will be visible when the community enters our building. Hope this works.

Amy

Harrow Jr.

At Harrow Jr. we will be celebrating Random Act of Kindness Day on November 15th. Each teacher at our school will be receiving a class set of Random act of kindness cards (one for each student). Student names will be put on a card. All of the cards will be put in a bin (each class will do their own) and the kids can pick out a card with another student's name on it. So that day, they are responsible to do something kind for that person. Once the person does something kind, they give them their card. The card then gets handed to their teacher. At the end of the day, hopefully each student will have had a kindness extended to them. The cards will then be sent home with each student to do something for someone at home.

We'll see how this works out. We are striving for success to continue building character in our wonderful school.

Essex Public

We are celebrating Random Acts of Kindness Day on November 18th as the 12th is a PA DAY. This way it will coincide with Bullying Prevention Week. Mr. Prieur and his grade 3/4 class will be heading this up at our school with some excellent challenges and we hope to have a presenter come in as well.

Parkview

As far as "Random Acts of Kindness", we are going to extend that well beyond the actual day.

We have polled our Grade 7 and 8 students and are going to be forming a Parkview "Angel" team or teams. We have purchased rakes (and will purchase snow shovels later) and will be raking lawns (and shovelling snow) in our Parkview community for those people that may not be able to do these chores for themselves.

We hope to start these Acts of Kindness as early as next week!

Benson:

These are some of the different ideas that the Character Crew was thinking of doing for Random Acts of Kindness Day...

Generate a list of kindness ideas to be shared with students.....so they have some ideas about how to help someone or just do something nice for someone.

Kindness Buddy (pick a classmate's name out of a hat an perform an act or acts of kindness for that person during the week)

Kindness Reporters (writing down some of the acts of kindnesses being reported to them..... then share some of those stories during the announcements)
Kindness Banners - displayed near entrances (recognizing Benson as a Kindness Zone)
Pay it forward cards being sent out to students and staff.....

Lasalle PS:

We will be handing out mardi gras bead necklaces. The idea is to give your necklace to someone you see who is showing kindness - a way to alert people and catch them being a good person. We are hoping that this will last longer than a day.. .

Talbot Trail:

Next week will be Random Acts of Kindness week at Talbot Trail. You will be receiving 2 laminated "Kindness Cards" in your mailbox. Kindness cards can be given to students and staff when:

1. You see someone performing an act of kindness, you give them a card for their act - ie. Mark brings Amy a coffee so Amy gives him a kindness card. Mark now has the card, he sees someone else performing an act of Kindness and passes the card on.
2. Someone performs an act of kindness and gives a card to that person to pass on - ie. Mark brings Amy a coffee and gives Amy the kindness card so she can do something for someone else and pass the card on...

It doesn't matter how the card is passed on - they are just visual reminders - the goal is to circulate the cards and get as many Random Acts of Kindness going as possible in the school. FYI - November 12 is Random Acts of Kindness Day in Windsor and Essex County.

If you have student parliament reps, they can help to explain to your class. Student parliament will also be looking for kindness stories to announce each morning so they may be interviewing staff and students who are "caught" performing acts of kindness. At the next student of the month assembly, we would like to have everyone stand who has been "touched" by a Random Act of Kindness. It should be a cool visual.

If you wish to take it further in your classrooms, I have attached a template for Kindness Cards that you can print out. Also, check out the following website for ideas when introducing this to your classes. Have fun!

www.wecf.ca/kindness.html

Lakeshore Discovery

We are having daily announcements until next Thursday about Random Acts of Kindness. Also, teachers are encouraged to have students post their acts on post-its for a large bulletin board in the entrance of our school.

Dr. David Suzuki School

In honour of Random Acts of Kindness Week, the Mighty Oaks will be raking leaves for neighbours in our community. On Wednesday November 10, 2010, leadership students in grades 6 through 8 will be participating in this event. Once the leaves are raked and bagged, a note will be left in the mailbox stating:

"We raked your leaves today because we value you as part of our school community."

Leaf it to us, the Mighty Oaks!
Dr. David Suzuki Public School Students and Staff
Random Acts of Kindness, 2010

We are looking forward to many more exciting events for the students and staff to participate in this upcoming school year!
At Suzuki, we show character! What a caring and contributing community!