

GOOD SERVED HERE HERE'S TO THE GOOD THAT FEEDS US ALL.

At our pub, we don't separate what we believe from what we serve. We believe quality time should be spent over quality fare. Which is why we will always strive to satisfy your appetite for honest food and great company, while bringing you good times that happen for no reason - which is the best reason of all.

> GOOD PEOPLE, GOOD FARE AND GOOD INTENTIONS. SLAINTE!



SUPPORT OUR OWN. 100% CANADIAN RAISED CHICKEN We help keep Canada's farms strong by buying delicious chicken from Canadian farmers, raised among the most stringent safety and care standards.





TAKE ONLY WHAT YOU NEED. OCEAN WISE® SUSTAINABLY CAUGHT SEAFOOD

Support sustainable fishing with us. Insist on Ocean Wise® products like our sustainable squid, wild cod and shrimp, caught and farmed in ocean and species-friendly ways.





BEEF AND NOTHING BUT. BERETTA FARMS 100% CANADIAN BEEF The Beretta family had a dream: family-farmed,

zero compromise beef, raised the way nature intended. We are honoured to serve it.



SHAREABLES

DAILY DEALS

MONDAY ALL PIES - 12.99 950-1630 Cals

TUESDAY TACOS — 3.99 EA. 530-830 Cals

WEDNESDAY 1 PC. FISH & CHIPS — 11.75 1350 Cals

THURSDAY CROWD PLEASER PLATTER — 23.50 673-979 Cals per serving; serves 6

FRIDAY UPGRADE YOUR LAMB SHANK - 29.95 1200-1370 Cals Includes starter salad (170-340 Cals),

fill the plate Yorkshire pudding and extra jus.

SATURDAY **UPGRADE YOUR STEAK**

-29.95 1460-1630 Cals (includes starter salad and Shrimp Topper)

SUNDAY **SUNDAY DINNER' YORKIE WRAP** — \$14.95 1130-1330 Cals

Raised without the use

Y Raised by a hormones or steroid

Adults and youth (ages 13 and older) need an average of 2,000 cals a day, and children (ages 4 to 12) need an average of 1,500 cals a day. However, individual needs vary.

CRISP CAULIFLOWER

Cauliflower lightly breaded then deep fried and tossed in our infamous Sri-rancha sauce. Topped with freshly chopped chives and served with cool ranch dressing.

-11.95 (880 Cals)

THE CROWD PLEASER PLATTER

Varm Spinach & Artichoke Dip with tortilla chips, 1lb of dusted ngs (420 Cals) or naked wings (350 Cals) in your choice of uce (10-240), waffle-cut fries with kick'd up ale cheese sauce, ion rings, celery and carrot sticks for dipping. Served with potle mayo and blue cheese dip.

—28.95 (673-979 Cals per serving 1 serves 6)

Waffle-cut potatoes smothered in kick'd up ale cheese sauce, topped with diced tomatoes, green onions and Jalapeño peppers. Served with salsa and sour cream with chives for dipping.

NEED MORE BLARNEY?

Add Guacamole \$3.50 | 200 Cals Jalapeños 50¢ | 5 Cals Extra Cheese \$1.50 230 Cals Chicken \$5 | 390 Cals

ONION RING STACK -

Perfectly-crispy golden brown onion rings stacked and drizzled with our famous blarney cheese sauce and topped with green onion and bacon bits.

(1110 Cals)

—11.95 (1240 Cals)

GARLIC CHEDDIES

Our delicious made-in-Pub scone mix stuffed with cheese, garlic and chives. Topped with a melted cheese blend and drizzled with melted butter. Because, why not?

THICK-CUT CALAMARI —13.95 (750 Cals)

Thick, hand-cut calamari strips lightly dusted and tossed in salt and pepper. Served with a sweet chili sauce for dipping.

POUTINE

-9.95 (1020 Cals)

Our never frozen fries topped with our signature gravy and loaded with Québec cheese curds.

> FRIES 100% CANADIAN POTATOES MADE WITH '

> > Beef RAISED WITHOUT THE USE OF ANTIBIOTICS, ADDED HORMONES OR STEROIDS

ur shepherd's pie mini-y<mark>orkie</mark>s ed with Beretta ground beef, sweet green peas, corn and carrots in a rich gravy. Topped with buttermilk mashed potatoes, cream corn and chives.

—11.95 (330 Cals)

ORKIES

CHICKEN WINGS

Served straight-up in the buff (350-700 Cals) or dusted in flour (420-840 Cals), the choice is yours. Served with blue cheese (220 Cals) or ranch (180 Cals) dressing, carrots and celery sticks.

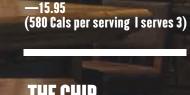


2 LB. -25.50 (2310-2590 Cals)

CHOOSE YOUR FLAVOUR

Mild (110-120 Cals) Medium (170-240 Cals) • Hot (10-20 Cals)

 SALT & PEPPER (10-30 Cals) CHILI LIME SEASONING (15-30 Cals) • SRI-RANCHA (130-270 Cals)



SIGNATURE

BLARNEY

CHIPS

THE CHIP & DIP DUO

Crisp potato chips seasoned with sea salt and served with a duo of dips – chipotle mayo and creamy avocado ranch.

-9.75 (390 Cals per serving I serves 2)

WARM SPINACH

-13.50 (950 Cals)

Freshly prepared in-Pub, topped with green onions and served with warm tortilla chi

NACHOS 🦐 🗸

Piled high with shredded cheddar cheese, banana peppers, diced tomatoes and green onions. Drizzled with our creamy avocado ranch sauce.

LARGE \$15.95 (720 Cals per serving; serves 5) **REGULAR \$10.95 (720 Cals per serving; serves 2)**

WITH PROTEIN **VEGETARIAN DELUXE**

BUFFALO CHICKEN

CHIPOTLE BEEF

LARGE \$16.95 (840 Cals per serving; serves 5) **REGULAR \$11.95 (870 Cals per serving; serves 2)** LARGE \$22.95 (800 Cals per serving; serves 5) **REGULAR \$15.95 (820 Cals per serving; serves 2)** LARGE \$22.95 (820 Cals per serving: serves 5) **REGULAR \$15.95 (850 Cals per serving; serves 2)**



SOUPS, SALADS & BOWLS

FISHERMAN'S CHOWDER

Made-in-Pub creamy chowder with salmon, code and clams. Served with our warm garlic cheddies. —7.95 (490 Cals)

FRENCH ONION SOUP -7.95 (750 Cals)

Made-in-Pub with caramelized onions, ciabatta bread smothered with baked Gruyère and aged white cheddar.

BE THE NORTH ENTIL BOWL

Lentils with kale, pickled carrots, marinated beets, roasted corn, zucchini tossed in Sri-rancha sauce and roasted sweet potatoes with a green goddess dressing.

-13.95 (700 Cals)

CHICKEN CAESAR SALAD 🤟

Crisp romaine tossed in a creamy garlic dressing and topped with Parmesan cheese, bacon, croutons and a grilled chicken breast.

—16.95 (820 Cals) 💻

SPINACH & ARUGULA SALAD

Baby spinach, arugula and radicchio, with sliced strawberries, spicy pecans, toasted pumpkin seeds, red onion and goat cheese tossed with our own honey-citrus vinaigrette.

—13.95 (580 Cals)

BEET SALAD

Fresh, marinated and roasted beets with market greens, pickled onions, cucumbers, crumbled blue cheese. -13.75 (420 Cals) walnuts and our Strongbow cider-citrus vinaigrette.

Raised without the use

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Ocean Wise
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Adults and youth (ages 13 and older) need an average of 2,000 cals a day, and children (ages 4 to 12) need an average of 1,500 cals a day. However, individual needs vary.

—17.95 (740 Cals) 🖌 📁

d-cut smoked bacon, pulled chic tomatoes, cucumber, shredded cheddar cheese and crumbled blue cheese with a hard-boiled egg over crisp romaine. Finished with our own honey-mustard vinaigrette.

NEED MORE THAN GREENS? ADD

Grilled chicken breast 5.00 (330 Cals) 4 oz. grilled

6.00 (330 Cals) 4 oz. Beretta

CHICKE

-16.95 (760 Cals)

CANADIAN

FARM-RAISED

FIONN'S POWER

Shredded carrots and vibrant red beets served over a bowl of brown rice and garlic sautéed kale tossed in tamari sauce. Drizzled with creamy cashew ginger dressing and topped with a grilled chicken breast and sesame seeds.



All burgers come with your choice of side: Our never frozen fries (420 Cals), tortilla chips with guacamole (210 Cals), a market green salad (170 Cals) or a Caesar salad (340 Cals). Not into wheat? Ask for your burger on a gluten-free bun (30 Cals). Add 1.00.

THE FLAGSHIP BACON BURGER

—17.95 (1530-1610 Cals)

This burger is no joke. Hand-cut, smoked bacon piled high on top of a 7 oz. Beretta beef patty with our famous chips for some crunch. Paired with red wine-braised onions, lettuce, sliced hothouse tomato and grainy mustard mayo. And for the bacon lover in all of us, topped with a smoked bacon skewer.

STRAIGHT UP BURGER 🐂 —15.50 (990-1070 Cals)

7 oz. Beretta beef patty with our own tangy 'All Dressed' mayo, lettuce, sliced hothouse tomato and bread & butter pickles.

Make it a Bacon Cheeseburger for 3.00 (520 Cals)

WE MIGHT TELL SOME TALL tales

BUT WE MAKE A true BURGER

Atlantic salmon grilled steak 6.00 (300 Cals) 7.00 (160 Cals)



EGGS

CANADIAN FREE-RUN



PUBLICAN TOPHAT RURGER —17.75 (1630-1880 Ca

Hats off to this burger, it's no small feat. Crisp thick-cut bacon, a photo-worthy cheesecrisp, mayo and sliced hothouse tomatoes all layered a-top a 70 Beretta beef patty.

CANADIAN

BACON

VEGGIE BURGER

Made-in-Pub chickpea veggie patty, arugula, sliced hothouse tomatoes, roasted red peppers and creamy avocado ranch. Topped with a skewer of crispy golden brown onion rings and served with a dill pickle on the side.

-14.75 (990-1240 Cals)

DUBLIN THE EXCITEMENT

ADD

Cheddar Cheese 1.50 (230 Cals)

Red Wine-Braised Onions 1.00 (25 Cals)

Roasted Red Peppers 1.00 (50 Cals)

Crispy Bacon 1.50 (290 Cals)

Thick-Cut Bacon 2.00 (420 Cals)

Guacamole 1.50 (200 Cals)

SUB

Cup of Chowder 4.00 (170 Cals)

Sweet Potato Fries with Red Pepper Mayo Dip 3.00 (800 Cals)

Warm Chips with Chipotle Mayo Dip 2.00 (850 Cals)

Crispy Onion Rings 3.00 (650 Cals)

Add on a starter Market (170 Cals) or Caesar salad (340 Cals) to any of our mains for only 3.99.

MAINS

STEAK& FRIES —25.95 (960 Cals)

8 oz. Beretta flat iron grilled to order with sautéed mushrooms, grilled tomato and our never frozen fries

CAULIFLOWER CURRY -14.95 (870 Cals)

Roasted cauliflower, tomatoes, chickpeas, roasted red peppers and green peas simmered in a spicy Vindaloo curry sauce and topped with yogurt. Comes with jasmine rice and grilled naan bread.

WAFFLE'D UP CHICKEN FINGERS 🤟

Buttermilk-breaded chicken fingers with chili-lime seasoning served with sweet, warm waffles, Granny Smith apple slices and honey.

-16.95 (1530 Cals)

BACON WRAPPED CHICKEN 🤘 📻

-17.95 (1040 Cals)

Oven-roasted chicken breast wrapped in smoky bacon. Served with a made-in-Pub roasted garlic cream sauce, button mushrooms, grilled asparagus and Jasmine rice.

CHICKE CANADIAN FARM-RAISED

BUTTER CHICKEN CURR -16.50 (840 Cals)

Chicken and onions seasoned ditional spices with green pe ered in a mild, creamy curr omes with jasmine rice an bread.

CHICKEN FETTUCCINE ¥

Grilled chicken and asparagus tossed with fettuccine noodles in a made-in-Pub lemon-cream sauce. Finished with shaved Parmesan.

-17.50 (1490 Cals)

SHRIMP FETTUCCINE 🔊

Sautéed shrimp with roasted garlic and baby spinach tossed in an herb-infused tomato sauce with fettuccine noodles.

-17.95 (1550 Cals)

IRISH FAVES

SALMON LEEK PIE

Atlantic salmon and leeks in a made-in-Pub white wine cream sauce, topped with buttermilk mashed potatoes and chives then baked in pie pastry. Served with a market green salad.

-16.95 (1260 Cals)

SHEPHERD'S PIE

You don't have to work the fields to love this classic. Beretta ground beef, green peas, corn, and carrots in our rich gravy. Topped with buttermilk mashed potatoes and comes with a market green salad.

-15.75 (950 Cals)

-16.95

-13.95

(1070 Cals)

(1240 Cals)

GUINNESS® STEAK 🐂 AND MUSHROOM PIE

Tender Beretta diced beef and button mushrooms braised in Guinness[®] and baked in pie pastry with buttermilk mashed potatoes and our signature gravy.

SLOW-COOKED (720 Cals)

Hand-rubbed Rosslare lamb shank with garlic and cracked pepper, garnished with chives and lemon zest. Served with buttermilk mashed potatoes and seasonal vegetables.

Enjoy roasted sweet potato, spinach, red pepper, onion, corn and goat cheese baked in pie pastry, served over a bed of oh-so sweet pureed carrots. Topped with smashed peas and crispy leeks.

THE VEGGIE

POT-PIE

NO.1 FISH& - 1 -

2 PIECES — 19.95 (1810 Cals) 1 PIECE —15.50 (1350 Cals)

The only two food groups that matter. Keep it classic with a cod fillet fried to order in our made-in-Pub beer batter. It's served with rainbow slaw, our Dungloe Sauce and never frozen

FISH

SOUTHERN FISH FRY 🔊

Southern-fried buttermilk-breaded cod strips stacked high, drizzled with Sri-rancha sauce and green onions. Comes with our never frozen fries, rainbow slaw and a grilled lemon..

—15.95 (1280 Cals)

MAPLE GLAZED SALMON

Grilled 8oz. Atlantic salmon with a sweet, maple-herb butter sauce, grape tomatoes, shallots, grilled asparagus and jasmine rice.

-24.95 (1190 Cals)

ALL DAY IRISH BREAKFAST **SKILLET** -14.95 (1260 Cals)

EGGS CANADIAN FREE-RUN

Our take on the classic Bangers & Mashed! Crispy skillet-fried mashed potatoes topped with red wine braised onions, grilled banger sausage and a sunny side up egg drizzled with gravy and decorated with an arugula garnish



FRIES 100% CANADIAN MADE WITH POTATOES



THE B-K-C

-16.75 (1630 Cals)

Chicken, bacon, kale and leeks in a made-in-Pub wh wine cream sauce and baked in pie pastry, topped with a bacon flag. Served with buttermilk mashed potatoes and butter-sautéed purple cabbage.

FEED — your — IRISH

SKILLETS

GUINNESS® STEAK & MUSHROOM SKILLET

A bed of crispy skillet-fried mashed potatoes topped with Guinness® braised tender Beretta diced beef and mushrooms. Finished with roasted carrots and crispy leeks.

BUTTER CHICKEN 😏 SKILLET

A bed of crispy skillet-fried mashed potatoes topped with creamy butter chicken and smashed peas. Garnished with our famous Irish chips for some added crunch.

-15.95 (1230 Cals)

—16.95 (1230 Cals)

Raised without the use

of antibiotics added

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SANDWICHES & WRAPS

All Sandwiches & Wraps come with your choice of side: Our never frozen fries (420 Cals), tortilla chips with guacamole (210 Cals), a market green salad (170 Cals) or a Caesar salad (340 Cals). Not into wheat? Ask for your sandwich on a gluten-free bun (30 Cals). Add 1.00.

FISH TACOS 🖚

3 beer-battered cod tacos with pickled onions, cilantro-lime coleslaw and creamy avocado ranch. Packed into flour tortillas with a lime-cream sauce.

-16.50 (1000-1680 Cals)

CANADIAN

FARM-RAISED

-16.50 CHICKEN TACOS 🖌 (730-1410 Cals)

3 tacos with pulled chicken tossed in Sri-rancha sauce, cilantro-lime coleslaw and mango salsa packed into flour tortillas. Drizzled with fresh lime cream sauce.



SANDWICHES

DOUBLE STACKED COD-WICH 🖚

Two pieces of buttermilk-breaded cod, double-stacked with sliced hothouse tomato, rainbow slaw iceberg lettuce and our Dungloe sauce on a toasted ACE Bakery[™] Bun.

THE GREAT 🤟 🖛 **CANADIAN CLUB**

Pulled chicken, crispy bacon, aged cheddar cheese, lettuce, sliced hothouse tomato and cranberry mayo on toasted multi-grain bread.

—15.95 (1270-1390 Cals)

-16.50 (1060-1140 Cals) **GRILLED CHICKEN** SANDWICH 🤟 📻

Grilled chicken breast, arugula, sliced hothouse tomato, dill Havarti cheese, crispy bacon and roasted red pepper mayo on a toasted ciabatta bun.

-16.50 (1140-1220 Cals)

STACKED CHICKEN (1290-1540 Cals) 17.75

Grilled chicken breast mothered in BBQ sauce and stacked with crispy bacon, coleslaw, Granny Smith apple slices, grainy mustard mayo and packed into a giant yorkshire pudding wrap.

STACKED REUBEN -17.50 (1490-1570 Cals)

Corned beef, provolone cheese, whiskey bacon sauerkraut, hot peppers, tangy 'All Dressed' mayo and grainy mustard mayo on toasted marble rye.

'SUNDAY DINNER' -17.75 (1130-1330 Cals) YORKIE WRAP

Mom's Sunday dinner turned up a notch... Braised Beretta beef and gravy with roasted carrots, buttermilk mashed potatoes and creamy horseradish. All rolled up into a giant yorkshire pudding wrap and served with extra beef jus for dipping.

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