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June 2019

1

National Health & Fitness Day!



Enjoy our community centres & parks!

2

Art in the Park
Willistead Park



3

Canada Environment Week – Celebrate the outdoors!



4

Visit Ojibway Nature Centre – 15 km of hiking trails, wildlife exhibits and more.



5

World Environment Day – Enjoy your neighbourhood park!



6



“Hike It”

Take a walk and enjoy the Sculpture Gardens!

7

“Bike It”
Grab your bike and explore the trails @ Malden Park



8



8:00am-1:00pm
www.dwfm.ca

9

“Bike It”
Grab your bike and explore The Riverfront Trail



10

Sandpoint Beach opens for the season! (tentative)
Lifeguards on duty 1:00pm-7:00pm



11

Drop into a Fitness Class!
Visit one of our community centres today!



12

Drop in YOGA!
6:30pm-7:45pm
Optimist Community Centre



13

Windsor Summer Fest begins – runs until July 1



14



Carrousel Villages
Various locations around Windsor!

15

Drop-In BASKETBALL!
2:00 p.m. – 4:00 p.m.
Gino & Liz Marcus Community Complex



16



Art Cart Tours
Saturdays & Sundays in June
11:00am, 12:30 p.m., 2:00 p.m., 3:30 p.m.
Sculpture Park.

17

Looking for a great gift idea? Buy your Rec Express card today!



18

Join Today!
Muscle Pump at Adie Knox
6:00pm-7:00pm
Tues/Thurs

19

Explore our 28 new playgrounds!



20

Seniors Month
“Live your Best Life”



21

National Indigenous Peoples Day
Free admission to Chimczuk Museum!

22

Meet – a – Machine
WFCU Centre Parking Lot



10:00am-2:00pm
Sensory friendly hour 9:00am-10:00 am

23

RENT our NBA size gym at Constable John Atkinson Memorial Community Centre!



24

Summer Fest Ford Fireworks – Riverfront



25



Adventure Bay summer hours start July 1st
Open every day 10am – 8pm until Labour Day!

26

Buy Your Summer Swim Pass Today!



27

Join Today!
Kickboxing at Adie Knox
6:30pm-7:30pm



28

School's Out Swim!
1:30pm – 4:30pm
All outdoor pools



29

City Spray Pads are now open!
7 days a week
10:00am-8:00pm
FREE-OF-CHARGE



30

“Bike It”
Grab your bike and explore the Ganatchio Trail

RecAndParksMonth

www.recandparksmonth.ca

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June 2019

FREE ACTIVITIES CALENDAR

1



Enjoy FREE swimming, skating and fitness centres in the City of Windsor on various days!

2

Free Public Skate
WFCU Centre – 1:00pm to 3:00pm
Free Drop-in at Fitness Centres
Gino & Liz Marcus – 8:30am-8:30pm
WIATC – 6:00am-8:00pm
Free Fitness Length swimming
Adie Knox Herman – 6:30am-9:00am
WFCU – 6:00am – 8:30am
WIATC Natatorium – 7:00am-4:00pm
1pm – **FREE walking tour** of the Sculpture Park
2:30pm – **FREE walking tour** of the Dieppe Monuments

3

Windsor Water World Fitness Centre
10:00am – 9:30pm



4



Adie Knox Herman
Swim Fit Lanes
6:30am-1pm

5

Gino & Liz Marcus Fitness Centre
8:30am-8:30pm



6



WFCU Centre
Swim Fit Lanes
6am – 8:30am

7

Gino & Liz Marcus
Swim Fit lanes
11:30am-1pm,
2:30pm to 4pm

WIATC Fitness Centre
6:00am-8:00pm

8

WFCU Centre
Greenshield Rink
Roller Skate
2:00pm – 4:00pm



9

WIATC Natatorium
Swim Fit Lanes
7am to 4pm



10

Windsor Water World Fitness Centre
10:00am – 9:30pm



11



Adie Knox Herman
Swim Fit Lanes
6:30am-1pm

12

Gino & Liz Marcus Fitness Centre
8:30am-8:30pm



13



WFCU Centre
Swim Fit Lanes
6am – 8:30am

GAM Aqua Zumba
9:45am – 10:30am

14

Gino & Liz Marcus
Swim Fit lanes
11:30am-1pm,
2:30pm to 4pm

WIATC Fitness Centre
6:00am-8:00pm

15

WFCU Centre
Greenshield Rink
Roller Skate
2:00pm – 4:00pm



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WIATC Natatorium
Swim Fit Lanes
7am to 4pm



17

Windsor Water World Fitness Centre
10:00am – 9:30pm



18



Adie Knox Herman
Swim Fit Lanes
6:30am-1pm

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Gino & Liz Marcus Fitness Centre
8:30am-8:30pm



20



WFCU Centre
Swim Fit Lanes
6am – 8:30am

21

Gino & Liz Marcus
Swim Fit lanes
11:30am-1pm,
2:30pm to 4pm

WIATC Fitness Centre
6:00am-8:00pm

22

WFCU Centre
Greenshield Rink
Roller Skate
2:00pm – 4:00pm



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WIATC Natatorium
Swim Fit Lanes
7am to 4pm



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30

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Swim Fit Lanes
7am to 4pm

#RecAndParksMonth

www.recandparksmonth.ca